

**MACS challenge you to Sleep Out to raise vital funds for MACS youth homelessness services.**

**MACS** supports 700-1000 young people each year with housing in Belfast, Newry, Lisburn and Downpatrick; offering early interventions that help young people, aged 16-25, who are experiencing or at risk of homelessness across NI.

Each **MACS** young person receives individualised and holistic help with education, training and employment, health and wellbeing, community participation and life skills such as cooking, budgeting and maintaining a home.

With your help we can help young people build positive futures.

**To Register visit: [www.macsnri.org](http://www.macsnri.org) or use the QR code**



**Thanks to our contributors**

**BANANA BLOCK**

**BODEGA BAGELS**

Comedian

**CIARAN BARTLETT**

Singer-songwriter

**JOSHUA BURNSIDE**

**THE GATHERING  
DRUM**

**YOGA QUARTER**

£10 /£20 adult registration. £5 child registration.

Children must be 12+yrs and accompanied by an adult.

You can register free to plan your own Sleep Out.

**To Donate:  
Use the QR code**

