

72 hours per month post

Day 1 Day 2 Day 3 Day 4 Day 5 Day 6 Day 7 Day 8 Day 9 Day 10 Day 11 Day 12 Day 13 Day 14 Day 15 Days 16 - 30

Mo n	Tue	WE D	TH U	FRI	SA T	SU N	MO N	TU E	WE D	TH U	FRI	SA T	SU N	MO N	OFF
	2pm-10pm	2pm-10pm		2pm-9pm	9am-2pm	2pm-9pm		2pm-10pm	2pm-10pm			2pm-9pm	9am-2pm	2pm-10pm	

Day one commences on the first Monday of each Month